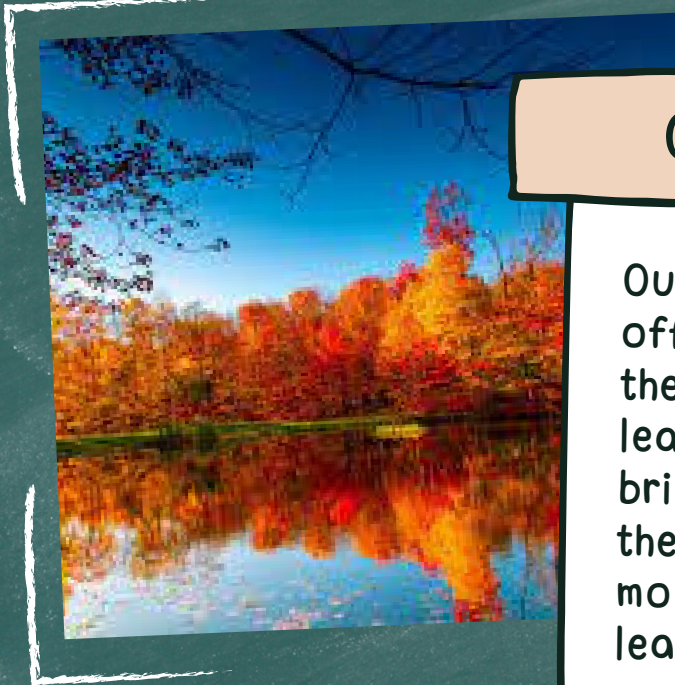
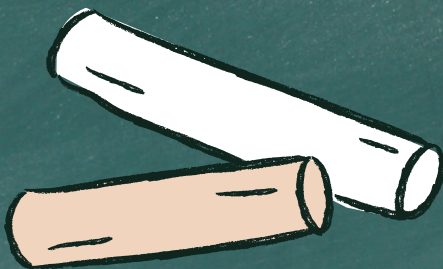


# VES October News



## October Is Here!

Our first month of school is officially behind us, where did the time go? Fall is in the air, leaves are changing colours and bringing us vibrant reminders of the beauty nature holds. This month promises to be full of learning, friendships, and fun.



## Upcoming Events

- Cereal Collection: Oct 1-27
- PAC Meeting: Oct 17
- Photo Retakes: Oct. 23
- Cereal Challenge: Oct. 27
- Pumpkin Carving Contest: Oct. 30
- PAC Bake Sale: Oct 31

## PAC Hot Lunch and Treat Days

- Oct. 13 Hot lunch
- Oct 25 Treat Day
- Oct. 27 Hot Lunch

# Around the School



## Hello from the Music Room

All students at VES have music class once or twice a week with Mrs. Braun and/or Mrs. Larsen. At this point in the year, we are building up our repertoire of folk and seasonal songs, playing games, dancing, and introducing some instruments. Later, we will return to these songs and students will become consciously aware of complex musical concepts they are already able to use! Shhh..don't tell them we use games to trick them into learning. Many singing games and dances would be suitable to play with your family. Ask your child to teach you one.

Students in Mrs. Braun's classes will recognize some of the songs from this list: *Apple Tree, Tideo, Alabama Gal, Built My Lady a Fine Brick House, Snail Snail, Mouse Mousey.*

Students in Mrs. Larsen's classes will recognize some songs from this list: *Sto:lo song, Apple Tree, Hunt the Cows, All Are Welcome Here, All Around the Buttercup, Bounce High, Welcome to the Music Room, Hello song, Time for Music*

*October music classes will include fall themes, minor melodies to enjoy, and looking ahead to the theme of Peace as we prepare for Remembrance Day.*

*We know some students love to practice the music class songs at home, if your family would like copies of song lyrics, please reach out to Mrs. Braun or Mrs. Larsen at our SD33 email addresses (available on the school website)*

**Happy Music Making!**



## Volunteers Needed:

All volunteers are required to complete a Criminal Record Check. Please ask for a CRC form from our office that you can bring to the RCMP office. Once your CRC is done, please let our office know and ask to speak with Mrs. Wagner to help with a position.

### Current volunteer opportunities at our school:

- serving breakfast program
- shopping for food items for program
- serving lunch program
- Oct 31 - Bake Sale help (PAC)
- Hot Lunch days - delivering orders

## Sports

- **Mixed Soccer Team:**  
Games Tuesday afternoons  
Practices at lunch
- **Cross Country:**  
Race #2 - Oct. 5 - FFI  
Race #3 - Oct. 12 - Twin Rinks
- **Skittleball** - coming soon for our grade 5 students at lunch

## Go By Bike

Do you have a bike? Go by bike runs from October 16 - 29! Try to ride your bike to school on as many of these days as you can! You can log your rides at [www.gobybikebc.ca](http://www.gobybikebc.ca) and join the "Vedder Bears" team. There will be sticker prizes from Mrs. Bowker! Stay tuned for more information.

Check out the website

GoByBike BC  
Register now!  
[www.gobybikebc.ca](http://www.gobybikebc.ca)

# Cereal Challenge

Students are asked to bring a new box of healthy cereal to school Oct 1-27. On Oct. 27, we will all gather and watch a dominoe-like maze of cereal boxes run throughout the hallways. All cereal will then be donated to our Breakfast Program and our local Foodbank.



PAC Meeting  
Oct 17



- PAC Meeting via Zoom - Oct. 17
- Join our **Vedder Elementary PAC Facebook page** to connect with other parents and get up to date information about our school

Visit our website

[www.vedder@sd33.bc.ca](http://www.vedder@sd33.bc.ca)

# Pumpkin Carving Contest

## October 30

- Carve or decorate your pumpkin at home
- Bring it to the school gym on the morning of Oct. 30, between 7:30-8:00am
- Look for the table labelled with your teacher's name
- Entry fee: donation for our local food bank



# PAC BAKE SALE

## October 31



- **volunteers needed - Oct 31**
- info poster with details will be emailed and on FB Page.
- **drop off by 8:30am on Oct. 31**
- **NO NUTS please**
- minimum one dozen
- prizes awarded
- use sealed container with name labelled on it

Visit our website

[www.vedder@sd33.bc.ca](mailto:www.vedder@sd33.bc.ca)